Let it go
from the Disney film ‘Frozen’
(sung by Idina Menzel)

The snow glows white on the mountain tonight, not a footprint to be seen
A kingdom of isolation, and it looks like I'm the Queen
The wind is **howling** like this swirling storm inside
Couldn't **keep it in**, Heaven knows I've tried

“Don't **let them in**, don't let them see
Be the good girl you always have to be
Conceal, don't feel, don't let them know”
Well now they know

Let it go, let it go, can't **hold it back** anymore

Let it go, let it go, turn away and slam the door
I don't care what they're going to say
Let the storm rage on
The cold never bothered me anyway

It's funny how some distance makes everything seem small
And the fears that once controlled me can't get to me at all

It's time to see what I can do to test the limits and break through
No right, no wrong, no rules for me, I'm free!

Let it go, let it go, **I am one with** the wind and sky
Let it go, let it go, you'll never see me cry
Here I stand and here I'll stay
Let the storm rage on

My power **flurries** through the air into the ground
My soul is spiralling in frozen fractals all around
And **one thought crystallizes** like an icy **blast**
I'm never going back, the past is in the past

Let it go, let it go, and I'll rise like the **break of dawn**
Let it go, let it go, that perfect girl is gone
Here I stand **in the light of day**
Let the storm rage on
The cold never bothered me anyway

Official video: https://www.youtube.com/watch?v=L0MK7qz13bU

Languages: https://www.youtube.com/watch?v=BS0T8Cd4UhA

Idina Menzel live: https://www.youtube.com/watch?v=0QVJZ_LVDIw

Vocabulary/Expressions

to howl	to make a long loud cry like a dog or wolf
to keep it in	to stop yourself from expressing a feeling
to let somebody in	to let somebody know how you are feeling
to let it go	to release your feelings
to hold it back	to stop yourself from expressing a feeling
to be (at) one with	to be united with
Here I stand	This is what I truly believe
to flurry	to move in swirling movements
a thought crystallizes	a thought becomes clear and firm
a blast	a short gust of wind
break of dawn	the time when the sun appears over the horizon
in the (cold) light of day	when you can see and understand things clearly